

# **SHAKE OUT DRILL IN DELHI ON 8<sup>TH</sup> DECEMBER, 2011**

When earthquake shaking begins . . .  
Drop, Cover and Hold



**TAKE COVER UNDER A STURDY DESK OR A TABLE, HOLD ON TO THE DESK OR THE TABLE LEG SO THAT THE DESK OR TABLE STAYS ON TOP OF YOU AND KEEP HEAD DOWN UNTIL THE SHAKING STOPS.**



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# **A REPORT ON SHAKE OUT DRILL ON DROP, COVER & HOLD EXERCISE ORGANISED IN ALL THE SCHOOLS OF DELHI**

## **INTRODUCTION**

Delhi Disaster Management Authority in collaboration with National Disaster Management Authority is carrying out a major Earthquake Preparedness Exercise in Delhi from November 2011 till January 2012.



As a part of the major Exercise, a major mock drill on 'Drop Cover, Hold Exercise' covering all the school of Delhi was organized on 8<sup>th</sup> December, 2011 at 11:00 AM by DDMA.



This was a Major Shake Out Drill and for first time this type of drill was carried in all the schools of Delhi at the same time.

The exercise was done with the major objective that the 'Drop, Cover & Hold Exercise' method

reduces the earthquake related injuries and deaths.

## **IMPORTANCE OF THE DRILL:**

Drop, Cover & Hold is the most effective way to avoid being injured in an earthquake. Most people are injured during an earthquake because of falling objects.

The Drop, Cover & Hold method is proven to reduce earthquake related injuries & death. It is the method for personal safety during earthquake shaking.



The purpose of Shake-Out Drill is to help all the schools & their students to prepare for earthquake & to prevent natural hazards from becoming disasters in term of death, suffering & losses.

## **PREPARATION FOR THE DRILL:**

To brief the school authorities, all the district DDMA's organized training for the teachers and principals on the said drill on 5th December, 2011 & 07th December, 2011. In the training, the concept of Drop Cover Hold exercise was explained to the principals & teachers of the schools. It was emphasized to the principals and the teachers that the drill was to be conducted in all the schools of all the Districts (including Government, MCD & Public/ Private Schools) at the same time.

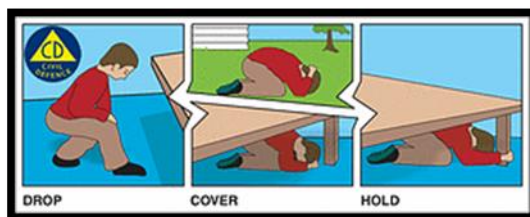
## **PROCEDURE OF THE EXERCISE:**

The drill started at 11:00 am, when the emergency siren of the schools



rang, all the students actively participated by doing Drop, Cover & Hold exercise by going under their desk. When the first alarm bell sounded (at 11:00 am) to indicate the start of the earthquake, staff & students responded immediately by dropping under their desk for

cover. They dropped to the ground, took cover under their desks and hold on to it until the school siren / alarm bell again sounded (after 2 minutes). All the students started out from their class rooms covering their heads with their hands and gathered at the school ground where class teachers



took a roll – call to check if all have been safely evacuated.



The drill was conducted twice in the districts. For morning shift schools at 11:00 am and for evening shift schools at 03:00 pm.



## **OBJECTIVES OF PERFORMING THE EXERCISE:**



1. Massive Awareness Activity.
2. Awareness Generations at all Levels.
3. Promotion of Disaster management tasks.
4. Generation of mass awareness on Disaster Risk Reduction.

5. To get the students get equipped with information on all the disasters.
6. Development of the culture of preparedness & mitigation of disasters
7. Mass involvement of children.
8. This exercise is an opportunity for everyone to consider how he or she would / should respond in an emergency / disaster (earthquake).



9. Purposing exercise is also a way of validating emergency plans.
10. By performing this exercise we test our plans.
11. The drill directly involves students & teachers in a way to practice emergency earthquake response at the school level.

## **CONCLUSION**

“If we are prepared, it gives us an automatic sense of calmness. So practicing earthquake drill is extremely important as it decreases the will panic, fear & anxiety among the students. Hence a lesser casualties when the real disaster strikes”, said by a student at Govt. Girls Senior Secondary School, Rani Garden School. (East Distirct)

All the students participated with full zeal & zest. The response to the drill exceeded expectations and students and staff of the schools carry forward the initiative. This has been the second ever drill (first on 14th November, 2011) involving all



the schools in Delhi and has reflected the message of preparedness to all the level of community in this earthquake prone region (Zone-IV). Approximately 3992 Schools from all the districts participated from all the districts in Delhi.

## PARTICIPATION OF THE SCHOOL DISTRICT WISE

S.NO	DISTRICTS	TOTAL NO OF SCHOOLS DISTRICT WISE
1	NORTH	255
2	NORTH EAST	528
3	NORTH WEST	925
4	EAST	319
5	WEST	567
6	NEW DELHI	118
7	CENTRAL	249
8	SOUTH	575
9	SOUTH WEST	456
	TOTAL SCHOOLS	3992

## COLLAGE OF PHOTOGRAPHS

